Riverside Baptist Church and COVID19 Important Information

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To our Riverside Church Family and Friends,

The health and safety of our family and friends are a top priority at Riverside. With growing concerns about the Coronavirus "COVID-19", we want to take a moment to share with you additional precautions we are taking to help put your mind at ease.

- We are currently implementing a sanitation and cleaning plan in our school and church facilities.
- We will be wiping down common surfaces with "COVID 19" disinfectant in the Sanctuary, Warehouse, and East and West Wing children's areas.
- We are asking our members and friends when they arrive at the church to wash their hands as soon as they enter the building before proceeding to their event, class, or service. If you have a hand-sanitizer please bring some with you. We are attempting to set-up hand sanitizing stations as well.
- We will ask attendees to smile and wave instead of shaking hands or hugging during our service.
- We advise staff and volunteers to stay home and see a doctor if they are feeling unwell. We politely ask our members and friends to stay home and self-monitor themselves if they are showing flu-like symptoms.

The information below is provided in order to help inform you in the hopes that we can minimize the impact to our community. Persons who feel sick or experience flu-like symptoms should consult the self-monitoring steps outlined in the Centers for Disease Control website (<u>CDC Link</u>).

The CDC recommends and defines self-monitoring as: "self-monitoring means people should monitor themselves for fever by taking their temperatures twice a day and remain alert for a cough or difficulty breathing. If they feel feverish or develop measured fever, cough, or difficulty breathing during the self-monitoring period, they should self-isolate, limit contact with others, and seek advice by telephone from a healthcare provider or their local health department to determine whether a medical evaluation is needed."

Best Practices For Keeping Yourself Healthy

- Wash your hands often with soap and hot water for at least 20 seconds, particularly after using the restroom, before and after eating, and after blowing your nose, coughing, or sneezing.
- Disinfect hands frequently using an alcohol-based hand sanitizer and carry disinfectant with you for easy use.
- Avoid touching your eyes, nose, and mouth throughout the day and cover your cough or sneeze with a tissue, then discard the tissue in the trash.
- Avoid close contact including shaking hands, kissing and hugging.
- Consider staying home if you are feeling unwell. If you are sick, we ask that you join our services online

We are committed to keeping our church healthy and maintaining a safe and welcoming environment. We are also closely monitoring updates from the Centers for Disease Control and the World Health Organization regarding "COVID-19" and will keep you up to date on this important issue. Thank you for being a valued attendee of the Riverside family and we look forward to seeing you soon! Riverside Baptist Church | 10775 SW 104th Street, Miami, FL 33176